

Han S.A.L.T.

by Pastor Marvin Barham, D. Min

Han Martial Arts for Missions is more than a cultural experience but a life changing encounter. When you participate in a Han Martial Arts Mission you are not just going as a martial artist on a humanitarian effort. You are going as a minister of the Gospel of Jesus Christ under the guidance of the Holy Spirit in the authority of Scripture; to present the Scriptural, Spiritual and life application of our martial art concepts and principles.

As part of our training model we apply the S.A.L.T. principle – “*You are the SALT of the earth, but if the salt has lost its taste, how shall its saltiness be restored?*” Matthew 5:13. S.A.L.T stands for: **S**criptural Reference, **A**tttributes of Character, **L**ife Application, and **T**raining Analogy. How do these apply to our training principles?

◎ **Be Polite:**

- > **Scriptural Reference** – “He who loves purity of heart, and whose speech is gracious, will have the king as his friend.” Proverbs 22:11 (ESV)
- > **Attribute of Character**– Self Controlled
- > **Life Application**– Be considerate of how you speak to and around others, fellow students and instructors. Be an ambassador of Christ at all times.
- > **Training Analogy**– Use good manners like “Yes Sir.” Be considerate of others during training. If your doing forms and another crosses your path be willing to yield to them the right of way.

◎ **Be Patient:**

- > **Scriptural Reference** – “Better is the end of a thing than its beginning, and the patient in spirit is better than the proud in spirit.” Ecclesiastes 7:8 (ESV)
- > **Attribute of Character**– Selflessness
- > **Life Application** – Be willing to assist others with learning rather than just being concerned with your own abilities. Put others above and before yourself.
- > **Training Analogy**– When asked to help teach a lower rank do it with a good attitude and understanding.

◎ **Be Alert:**

- > **Scriptural Reference** – “Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour.” 1 Peter 5:8 (NIV)
- > **Attribute of Character**– Prudence
- > **Life Application**– Be prepared at all times. Keep your guard up. Compromise leads to slothfulness and slothfulness to destruction. Guard your eyes, ears, mouth, hands, heart and conscience before Christ.
- > **Training Analogy**– Be diligent to train both in class and outside of class. Self-Discipline.

◎ **Be Brave:**

- > Scriptural Reference– “But you, take courage! Do not let your hands be weak, for your work shall be rewarded.” 2 Chronicles 15:7 (ESV)
 - > Attribute of Character– Courage
 - > Life Application – Do not fear men. Do not be a man pleaser but a God pleaser. Have the courage to stand for and speak up for what is right even if you are the only one and in the face of adversity or persecution.
 - > Training Analogy– Do not say, “I cannot do this? I cannot learn. Face every challenge and obstacle as an opportunity to grow stronger. Dare to stand against the voice of discouragement, disappointment and frustration.
- ◎ **Do Your Best:**
- > Scriptural Reference– “Do your best to present yourself to God as one approved, a worker who has no need to be ashamed, rightly handling the word of truth.” 2 Timothy 2:15 (ESV)
 - > Attribute of Character– Integrity
 - > Life Application – Do all as unto the Lord. Do everything with excellence with no compromise or withholding nothing from God.
 - > Training Analogy – When training only you know if you are giving your all. If you do not, you are only hurting yourself, and it will show in your technique.
- ◎ **Respect Yourself and Others:**
- > Scriptural Reference– “And as you wish that others would do to you, do so to them.” Luke 6:31 (ESV)
 - > Attribute of Character– Honor
 - > Life Application – Treat others with dignity, respect, kindness and honor at all times. Be an example of the Fruit of the Holy Spirit in the love of Christ.
 - > Training Analogy– Do not speak down to others. Do not degrade or belittle others. Do not be prideful of your skills. Do not be boastful or derogative of those who may not know what you know or disagree with you.

These are simply what I like to call “Spiritual Basic Technique”. Just as your blocks and stepping in basic technique are what Grand Master Han calls “Spirit Building” in the physical and motivational, so these foundational Biblical laws are essential to strengthening your relationship with the Lord Jesus Christ and others.

Han Martial Arts for Missions has many open doors but needs your prayers and financial support. Please visit us at <http://martialartsformissions.webs.com/> and do what you can to support this life transforming and world shaping project.