

Counseling Personal Sketch

Date: _____

Counselee's Name: _____ Counselor(s) _____

Please answer the following questions as completely as possible. You may answer on a separate sheet of paper if necessary.

1. Describe a time in your life when you really needed the Lord (other than salvation).
2. What areas of your life do you need a change or growth in?
3. Brief Personal Testimony of how you met the Lord and a description of your current relationship with Him.
4. Who has influenced your life the most?
5. List and explain the two most significant events of your Christianity apart from salvation and Baptism of the Holy Spirit.
6. What are your reasons for wanting to seek change in your life?
7. List honors and awards you have received.
8. List extracurricular activities you have been involved in (sports, music, debate, etc.).
9. What goals do you have? (i.e. education, military, business, ministry, career, family, etc.)
10. At what level, in your walk with Christ, do you feel you are at? (Child, Adolescent, Adult, Senior)

Please attach an essay (at least one paragraph per question) addressing the following questions:

1. Who am I? (i.e. spiritually, in Christ, created in the image of God, etc.)
2. Why am I here? (Why did God create me – for what reason?, etc.)
3. Where am I going? (What is my destiny – specific and general?, etc.)

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1. Evaluation of the emotional maturity (please check one):

- Outstandingly mature. I have proven my ability to operate under stress and pressure.
- More mature and emotionally stable than average.
- Possess adequate emotional stability and maturity.
- Doubtful. Experience has shown that the I might not be able to endure stress.
- Frequently demonstrates inability to cope with stress such as rage or withdrawal, I am erratic in attitude and action, or have demonstrated instability in other ways.

2. How do you usually react in trying situations? (check one):

- Withdraw Get discouraged Get angry Accept patiently
 Meet constructively Other (explain): _____

3. Has you proven on any occasion to be unreliable, dishonest, or of questionable character?

- Yes No
 If yes, please explain: _____

4. As far as you know, have you ever been arrested for any offense?

- Yes No
 If yes, please explain: _____

5. Evaluation of over-all characteristics (please circle one under each category):

PHYSICAL CONDIITON	WILLINGNESS TO SERVE	RELATIONSHIPS
Frequently incapacitated	Reluctant to serve	Avoided by others
Below average	Motive to serve confused	Tolerated by others
Fairly healthy	Usually willing to serve	Liked by others
Good health	Eager to serve as needed	Well liked by others
Vigorous	Takes Initiative always	
INTELLIGENCE	LEADERSHIP ABILITY	CHRISTIAN EXPERIENCES
Learns and thinks slowly	Makes no effort to lead	Relatively superficial
Average mental ability	Tries but lacks ability	Over-emotional
Alert/Has a good mind	Has some leadership ability	Genuine but mild
Brilliant/Exceptional	Good leadership ability	Genuine and growing
		Warmly contagious
TEAMWORK	RESPONSIVENESS TO OTHERS	ACHIEVEMENT
Frequently causes friction	Slow sensing how others feel	Starts but does not finish
Insists on having own way	Reasonably responsive	Does only what assigned
Usually cooperative	Usually responsive and understanding	Meets average expectations
Works well with others	Understanding and thoughtful	Excels above what's expected

6. Please check words that describe you best (choose only a few that stand out):

<input type="checkbox"/> Teachable	<input type="checkbox"/> Nervous	<input type="checkbox"/> Flexible	<input type="checkbox"/> Easily discouraged
<input type="checkbox"/> Moody	<input type="checkbox"/> Dependable	<input type="checkbox"/> Committed	<input type="checkbox"/> Humorous
<input type="checkbox"/> Understanding	<input type="checkbox"/> Anxious	<input type="checkbox"/> Tolerant	<input type="checkbox"/> Wise
<input type="checkbox"/> Critical	<input type="checkbox"/> Perfectionist	<input type="checkbox"/> Domineering	<input type="checkbox"/> Enthusiastic
<input type="checkbox"/> Lacking humor	<input type="checkbox"/> Motivated	<input type="checkbox"/> Disciplined	<input type="checkbox"/> Patient
<input type="checkbox"/> Good listener	<input type="checkbox"/> Stable	<input type="checkbox"/> Peaceful	<input type="checkbox"/> Easily embarrassed
<input type="checkbox"/> Prejudiced	<input type="checkbox"/> Kind	<input type="checkbox"/> Easily offended	<input type="checkbox"/> Servant's heart

“Vessels of honor, sanctified, useful to the Master, prepared for every good work.” II Timothy 2:21

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7. In your opinion, in which of the following areas of ministry do you seem gifted?

Communication	Secretarial	Children's Work	Worship
Teaching	Discipleship	Evangelism	Welding
Music	Counseling	Prayer	Electrical
Carpentry	Medical	Administration	Computers
Hospitality	Encourager	Plumbing	Dance
Drama	Art	Laboring	Other:

8. Place an "X" in the box that best describe you for each attribute:

	Excellent	Good	Fair	Poor	Not Sure
Mental ability					
Personal motivation					
Industry/Achievement					
Maturity					
Disposition					
Appearance					
Personal devotion					
Church attendance/Involvement					
Spiritual growth observed					
Self-image					
Emotional stability					
Coping with personal problems					
Response to pressure					
Reliability/Faithfulness					
Financial responsibility					
Honesty					
Openness					
Moral standards					
Positive attitude					
Grateful spirit					
Enthusiasm					
Judgment/Common sense					
Creativity					
Adaptability/Flexibility					
Teamwork/Cooperation					
Servant hood					
Follows Instructions					
Teachable spirit					
Liked by others					
Concern for others					
Can express feelings					
Communication Skills					
Ability to motivate, train others					
Ability to plan/Set goals					
Self-Discipline					
Physical condition/Health					

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9. In your opinion your Christian witness is which of the following?

Mature

Contagious

Genuine and Growing

Over-emotional

Superficial

Other _____

What character strengths or weaknesses would you like to comment on? _____

10. What specific gifts do you recognize within yourself? _____

11. Do you have any persistent habits that you feel hinder you from growing and serving in the Body of Christ?

12. Tell us your story:

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